

USPTA

PLAYER DEVELOPMENT PROGRAM



**Modern tennis for all professionals
and all players –
not just high performance hopefuls**

As in every sport, the game of tennis continues to evolve. Racquet technology, ball technology, string composition, and even innovations in fitness and movement training have profoundly affected how the game is played today. Power and speed have become the epicenter of what is now commonly referred to as “modern tennis.”

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